



EXACT Baseball 1-Day Clinic Schedule

EXACT Baseball 1-Day Clinic	
Start	Activity
8:00 AM	Registration**
8:45 AM	Welcome**
9:00 AM	Warm-Up & Stretch
9:00 AM	Parent Talk**
9:30 AM	Defensive Clinic [pick 1]
<i>Position-Based Training Led by College Coaches</i>	
10:30 AM	Defensive Showcase
1:00 PM	Set-Up/Break/Lunch
1:45 PM	Offensive Clinic (10 Stages)
<i>Players Rotate in Hitting Stations Led by College Coaches</i>	
3:00 PM	Offensive Showcase
5:15	College Coach Meet & Greet**

Parents invited to attend sessions marked with